

Sweet Potato Patties:

- Bake about 2 kilo of sweet potatoes, cut into small pieces, for about 0.5 hours, and smash it into a puree. Add:
- Add:
 - 2 cups of buckwheat flour
 - 2 cups of flour without gluten
 - 2 cups of
 - 5 tablespoons of soy sauce
 - 1 tablespoons of white sugar
 - 0.5 tablespoon salt
 - 1 teaspoon black pepper