

Tofu Ricotta Blueberry Pancakes

- Blend in blender:
- 1 cup cashew + 1.3 cups of water
- Put cashew cream in bowl and add:
- 640 gr' hard tofu crumbled in hand,
- 2 tbsp oil
- 1 tbsp lemon juice
- 1 tbsp sugar
- 1 flat tsp of salt
- 1/2 tsp of nutmeg

Prepare in a separate bowl the pancake mix, and mix in one bowl:

- 1 tbsp brown sugar
- 1/2 cup flour
- 1/4 tsp cinnamon
- 1/4 tsp salt
- 1 tsp baking powder

Then add and mix:

- 1/2 cup milk
- 1 tsp oil
- 1 tsp vanilla concentrate
- Put together the ricotta mix (first part) with the pancake mix (second part) and add:
- 1/2 cup blueberries

Oil pan with a little oil and make pancakes.