

Un-Tuna Spread 1:

- Put in the big food processor (old):
 - 8 tins of chickpeas without water
 - 4 cups of cut celery
 - 2 cups of cut onion
 - 8 tablespoons of brewer's yeast flakes
 - 16 minced pickles
 - 4 cups mayonez
 - 4 teaspoons of salt

Un-Tuna Spread 2:

- Put in the big food processor:
 - 4 cups of cut celery
 - 8 green onion stalks
 - 10 tablespoons of brewer's yeast flakes
 - 2 tablespoons mustard
 - 8 pickles
 - 2 cups mayonez
 - 1 cup of soaked cashew
 - 4 teaspoons of salt
 - 2 teaspoons of black pepper
 - 8 nori sheets put into powder by food processor
 - 1 block of tempeh cooked (important, otherwise it will be bitter)
 - 10 parsley sprigs, upper part only.
 - Switch on food processor and puree well.
 - Add 8 tins of chickpeas, drained, and switch on food processor for a short time, because we want the chickpeas to stay in chunks